

# Wounded Healer:

## Hope In the Family, Community & City

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# Challenge of the Day

- Ageing of Population: Physical & Mental
- Radical Political Change: Local & Global
- Fast Social Change: Migration, Spatial
- Shift in Values: Individual, Material, Functional



# Suffering Together

- Collective Anxiety
- Hopelessness
- Prolonged Depression
- Tunnel Vision
- Psychologically induced physical illness
- A city as fast train without a driver



# Wounded Healers

- Home-based health and nursing care
- School-based youth development work
- Estate-based family life
- Productivity-based work place
- Skill-based university and professional training
- Position-based leadership
- Who are the Wounded Healers?

# Regain of Human Sanity

- Space for rest and reflection
- Psychological and spiritual nourishment
- Physical health
- In touch with nature, human culture, art and touch of wonder





# Regain of Human Dignity

- Solitude and Community cycles
- Receiving and giving cycles
- Learning and teaching cycles
- Knowledge and myth cycles

# Regain of the Human Soul

- Anchor in life
- Values and worldviews
- Relational Being
- Connection with self, others, nature, world
- Limitation as asset
- Turning weakness to strength
- Partnering

# Stories of Hope

- Dag Hammarskjold
- CAI Yuan Pei
- SO Yan Pui
- TAM Yuet Ling
- LEUNG Wing Tai